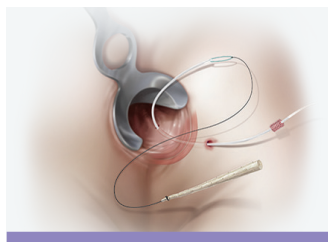


Biodesign® Fistula Repair Post-procedure Care

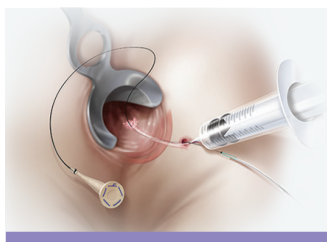
PATIENT GUIDE

Procedure Date: ____/____/____ Follow-up appointment date: ____/____/____ Time: _____

Your doctor has just completed your fistula repair procedure with a Biodesign fistula repair graft.



Biodesign Anal Fistula Plug Set



Biodesign Fistula Plug Set

Please follow these activity and dietary recommendations for the time period that your doctor specifies. It is important for you to discuss these recommendations with your doctor and address any questions or concerns.

Activity

- No strenuous activity for six weeks.
- Lift nothing over 10 pounds (5 kg) for six weeks.
- No exercise beyond a gentle walk for six weeks.
- Abstain from sexual intercourse and other forms of vaginal/rectal insertion (e.g., tampons) for six weeks.
- You may shower, but don't sit or soak in a bath.
- Other: _____

Diet

- Only liquids for two days.
- Begin high-fiber diet after two days.
- Other: _____

Drainage

- Expect some drainage for two to four weeks. Drainage can continue for up to 12 weeks after the procedure as the Biodesign material is incorporated and the fistula tract closes.
- Pack a dry gauze pad to absorb the drainage, and change it daily.

Stool softener

- Use stool softeners (type: _____) for 14 days.
- Other: _____

Other medication

- Take over-the-counter pain medication as needed: _____
- Do not use steroid creams such as Preparation H® or hemorrhoidal creams.
- Other: _____

Biodesign grafts are manufactured by Cook Biotech Incorporated.

Please refer to the labeling for complete instructions for use. For U.S. and Canadian distribution only.

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